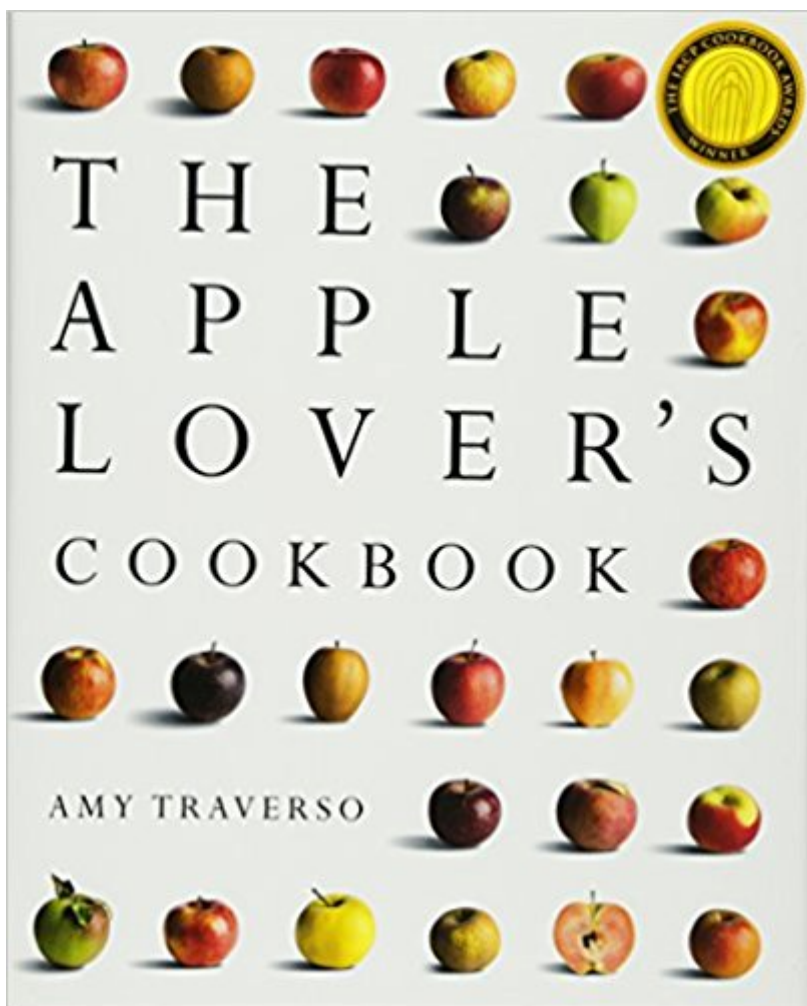


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# The Apple Lover's Cookbook



## Synopsis

The most complete cookbook for enjoying and cooking with apples. Winner of an IACP "Best Cookbook" award in 2012! The Apple Lover's Cookbook celebrates the beauty of apples in all their delicious variety, taking you from the orchard to the kitchen with recipes both sweet (like Apple-Stuffed Biscuit Buns and Blue Ribbon Deep-Dish Apple Pie) and savory (like Cider-Brined Turkey and Apple Squash Gratin). It offers a full-color guide to fifty-nine apple varieties, with descriptions of their flavor, history, and, most important, how to use them in the kitchen. Amy Traverso also takes you around the country to meet farmers, cider makers, and apple enthusiasts. The one hundred recipes run the spectrum from cozy crisps and cobblers to adventurous fare like Cider-Braised Brisket or Apple-Gingersnap Ice Cream. In addition, Amy organizes apple varieties into cooking categories so that it's easy to choose the right fruit for any recipe. You'll know to use tart Northern Spy in your pies and Fuji in delicate cakes. The Apple Lover's Cookbook is the ultimate apple companion. 110 four-color illustrations

## Book Information

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## Customer Reviews

"This is a solid compendium that is as satisfying and reliable as its namesake fruit."-Publisher's Weekly: ""The handsome "Apple Lover's Cookbook" [covers] 59 kinds of apples...the challah baked with diced apples...falls into the category of "Why didn't I think of that?"-The New York Times

—“Traverso provides a compelling history of the apple throughout civilization and a short overview on apple genetics before launching into a detailed primer of 56 different varieties. ...In sum total, this is a solid compendium that is as satisfying and reliable as its namesake fruit.” - Publishers Weekly

—“The handsome Apple Lover’s Cookbook has a

section covering 59 kinds of apples with a description and color portrait of each. ...The heart of the book gives savory and sweet recipes, including an adaptation of Michael Field's chicken liver pâté with apple. And the challah baked with diced apples and raisins falls into the category of 'Why didn't I think of that?'

— Florence Fabricant, New York Times

"When I said I wish there were a book like this for every single fruit and vegetable, I meant it. The Apple Lover's Cookbook is one resource you'll keep coming back to for years — both for its appealing, timeless recipes and for its invaluable, exclusive apple information."

— Pam Anderson, Christian Science Monitor

"From savory to sweet, these recipes span gamut and show just how versatile the apple is. With The Apple Lover's Cookbook, Traverso has written an indispensable book that does what all cookbooks should: shed light and inspire."

— Esther Sung, Epicurious

"After almost five years of researching, developing and testing recipes food writer Amy Traverso knows her apples. ...The result is The Apple Lover's Cookbook, a 300-page near-encyclopedia about the fruit that surely holds a special place in the American psyche."

— Ros Krasny, Reuters

"How many apple varieties can you name off the top of your head? Six? Ten? Traverso lays out a guide to 59 apples... If she were to stop there, fine. But she also weaves in stories of apple farmers who've garnered a following by what and how they're growing, and a meeting with a researcher at Cornell University's famed apple breeding program who might make you think differently about genetically engineered apples. She offers storage tips, crust-making tips, apple sizes and equivalent measurements, a source guide to apple products and cider tasting notes."

— Janet Rausa Fuller, Chicago Sun-Times

"...an extensive primer on apple varieties, from Ambrosia to Zabergau Reinette. ...For each, Traverso gives its category ('tender-sweet', 'firm-tart' etc.), best use, origin, availability, season, appearance, taste and texture. As if reading that didn't already make you an expert, the book has notes on how to tell if the fruit is fresh and how to peel one like a pro. Can't do it in one fell swoop like Grandma? Traverso has a section on the best tools of the trade, too."

— Julia Bainbridge, Bon Appetit

A life-long apple lover, Amy Traverso is the food editor at Yankee magazine. She is also the author of The Apple Lover's Cookbook. She lives in Brookline, Massachusetts.

This is one of the finest hardcover values I have seen in years. Not only are their classic apple recipes, along with some newer ones, but the first portion of the book has a photographic series of all the apples you might find in the USA. Amazing resource. Not only does my daughter enjoy it but

the grandkids love books and I don't think they ever saw so many different types of apples. If you know someone that bakes pies or wants to know about baking apple pie then this is a great gift. I'm thinking of getting a copy for personal use.

I would almost describe this as a coffee table book on apples. Lots of photos and recipes for each type of fruit. This is a beautiful book. And if it was to demonstrate anything it would be that the amazing variety of apples is barely presented in any of our modern grocery stores. Each Apple is described as to size appearance and taste. Use this to find another Apple to try besides what you usually choose. I discovered Honeycrisp after reading the description. A most delicious apple. No pun intended.

everything you want to know about cooking with apples. Excellent descriptions of varieties and their characteristics, seasons available, and best uses for each type. Every recipe includes info on types of apples to use for best result. Even the most complicated recipes have easy to follow directions. And the illustrations are gorgeous.

This is a great cookbook, with lots of good recipes and history. I have enjoyed reading it just for its history of apples (their growth, how they spread, and when they were discovered) and the pictures with the different apple varieties and their descriptions. As apple season finishes where I live, I am excited to try a number of these recipes, just like last season. The pork apple pie with cheddar-sage crust is a family favorite.

As someone who has gradually become an apple fanatic, this was great. The layout was gorgeous, so it's good coffee table book, but also very functional. The descriptions are just the right length. The recipes are great. As a vegetarian, there are lots of meat recipes, but still plenty of good vegetarian ones. My favorites are the baked apples and the dutch babies. The description and organization of apples is very useful and as a result I have been able to try out a few specialty varieties not available in grocery stores. If you like apples in any capacity you're sure to find something useful in this book.

I first heard about this book while watching Boston news one morning. When the author showed a jar of apple pickles, I was intrigued. I mean really, who has heard of apple pickles? Ordering this book was a brilliant move. The recipes within are creative and yummy. What takes the guess work

out of using the correct apple for the correct recipe are the suggestions on the same page. That makes perfect sense and why other writers haven't done the same is beyond me. Anyhow, I have learned a tremendous amount about apples that are heirloom varieties. Great book!!!!!!

my husband loves this cookbook especially because it gives apple reviews and substitutions based on what's available and how they work, also taste and texture guide. So far all the recipes we have tried are delicious!

This is a delectable book to see and read. So many great recipes and identification of different uses for types of apples, and it even tells you about the possible ways to prepare each of the multitudes of apple cultivars. I found the recipes to be well thought out and straightforward so that I can finish a perfect result! It is even good for REAL Apple Ciders. Get the Book!

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